



We are so grateful when our volunteers help provide a basic, but much-needed item, like a HopePack for the children and young men and women in our H4KI program. Our students use the HopePacks to carry their school supplies and other belongings. Thank you for partnering with us on this amazing project!

Materials Needed

- Sewing machine, iron, ironing board, scissors, straight pins, and scotch tape
- ½ yard of fabric. You can pick any colorful fabric you like!
- Two 60 inch lengths of soft cotton rope/cord (5mm circumference)
- HopePack patches (See section below for free patches!)
- Please scan QR code below for corresponding video tutorial.



HopePack Patches

The HopePack patches are free! Please contact us by phone or email and we will send the patches to you. Or feel free to stop by our office & pick them up! 623-979-5516 / sponsor@h4ki.org / 34975 N North Valley Pkway Unit 102



Cut Fabric

Cut out two pieces of fabric, 18 x 22 inches each. You can use any colorful fabric you like! (One yard of fabric will typically make two HopePacks, but you may need more fabric if there is a directional pattern.)



Fold & Iron edges on each piece of fabric

Using a steam iron, fold down and iron all four edges of each piece of fabric approximately one half inch wide on the wrong (light) side of the fabric.



Sew down 4 inches on the long sides of the fabric

Sew on the long sides of each piece of fabric, starting at the top, and sew down four inches, not all the way down the side. This will stabilize the fabric for the next steps.



Please scan QR code for a HopePack Video Tutorial!

Let us know if you need HopePack patches. 623-979-5516 / sponsor@h4ki.org / h4ki.org





4

Measure, Iron and Sew the cord casing tunnel

Measure the cord casing tunnel at 1.5 inches on both pieces of fabric. Iron down that casing tunnel on both pieces of the fabric to hold in place. Then sew the casing tunnel for the cord on both pieces of the fabric.



5

Sew on the HopePack Patch

Measure the HopePack patch six inches from the top and pin in place. Then sew the HopePack patch into place. (See details above on how to get HopePack patches for free!)



6

Pin and sew the sides of the HopePack together

Put the two pieces of the fabric together with the right (bright) sides facing each other. Pin the pieces together. Sew about 1.5 inches from the top, leaving the casing tunnel open to put the cord through later.



7

Measure, cut and thread the cord through casing tunnel

Cut the two pieces of cord, 60 inches in length each. Wrap scotch tape on each end of the cords to prevent fraying. Turn the HopePack right side out. Put safety pin on the end of the cord for easier threading. Thread the cord.



8

Tie off the ends of the cord - Repeat on the other side

Once the cord is threaded, take the safety pin out. Make sure each cord is pulled through to equal the same size. Tie a knot together with both cords at the end. Repeat this on the other side of the HopePack.



9

Secure & Sew the knotted ends of the cord

Turn the HopePack inside out again, bringing the cord down the long side of the HopePack. Secure the knot of that cord by pinning the bottom of the fabric. Repeat with both knots. Sew down the knotted cord on both sides.



10

Sew the remaining sides of HopePack to finish! Then send to us!

Sew the remaining side seams and reinforce the bottom seam closed to finish your HopePack. Then send us your finished HopePack(s) by mail or drop them by our office! We will gift them to our H4KI kids! Thank you!

